



UIAA
Global Youth Summit 2008

**UIAA Youth
Commission
Global Youth
Summit 2008
Ukrainian
Mountaineering and
Climbing Federation**





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**ФЕДЕРАЦІЯ
АЛЬПІНІЗМУ І
СКЕЛЕЛАЗІННЯ УКРАЇНИ
Комісія у справах молоді**

**UKRAINIAN
MOUNTAINEERING
AND CLIMBING FEDERATION
Youth Commission**

Dear Friends!

Mountaineers from Ukraine invite you to participate in the joint ascent of the highest peak of the Caucasus and Europe - Mt. Elbrus (5642m.) in summer 2008.

The Grand Elbrus massive is situated slightly to the North of the main Caucasus Range, right in the central of the Caucasus. It is covered with ice and more than 20 glaciers start from there.

To climb Mt. Elbrus is a dream of many mountaineers. The gorgeous panoramic view from the top of this mountain is the memory climbers take with them and remember all their lives.

The ascent is not technically difficult in summer. It does not require either deep knowledge or wide experience in using mountaineering techniques. However low temperature, severe winds and possible bad weather demand courage and strong will power from the climbers. Acclimatization training is necessary before an ascent to Mt. Elbrus. This training helps climbers adjust to the altitude.

To conduct annual joint expeditions to this marvelous region and to invite climbers from all over the world to participate in this event have become a wonderful tradition of Ukrainian mountaineers.

Good Luck to All of You! Alexander Zaidler





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ITINERARY

Age of Participants: 16 - 30 years. NB! Under-18 year olds must be accompanied by an experienced and qualified leader from their Federation or Club.

Place: the Central Caucasus, Kabardino-Balkaria region, Russia

Time: 11 days, 7th of July - 17th of July, 2008

Place of Arrival: International Airport of Mineralny Vody

Transfers: bus transfer from Airport to base camp and then according to the program

Accommodation: tents

Expedition Conditions: The ascent of Mt. Elbrus (5642m) will require a long ascent in crampons possibly under low temperature, strong wind and cloudiness conditions. It is possible to do ski touring.

Meals: food will be provided in base camp and during the ascents. However, participants are free to bring special products that they are used to eating on high altitudes.

Equipment:

- ✚ clothes for the ascent and for the days of rest in the camp including: complete set of warm wind-proof and water-proof clothes, footwear for ascent of Mt. Elbrus (plastic or leather boots);
- ✚ personal ascent equipment: crampons, ski-sticks, sun glasses, mittens, climbing harness, 2 carabines, ropes etc.;
- ✚ bivouac materials (tents, sleeping bags, mats etc.);
- ✚ medical kit.

Insurance: every participant must have an appropriate insurance valid for the period of the expedition.

Price: 280 Euro.

This price includes: cost of issuing the invitation to Russia, registration in Russia fees, accommodation, meals, gas refuel, route consultations, permit for entering the border zone.

This price does not include: transport from airport Mineralny Vody to the climbing camp and back, other transport expenses (the estimated sum for transfers is Euro 90), taxes of National Park "Prielbrusye" and cable way tickets to the slope of Elbrus (3900m), excursions, private expenses for phone calls etc.

Additional Information: it is possible to spend some days in Moscow on the way back.

Please contact us to get further information on the event:

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PROGRAM

- 7.08 Arrival. Bus transfer from Mineralny Vody airport to a climbing camp in Baksan Valley (Adyl-Su). Meeting the participants. Tents setting.
- 8.08 Rise to a panoramic view point. Introduction to the area. Preparation for the ascent.
- 9.08 Leaving for acclimatization ascent. Overnight stay in a high mountainous zone.
- 10.08 Acclimatization ascent. Return to a base camp.
- 11.08 Rest and preparation for Mt. Elbrus ascent.
- 12.08 Leaving climbing camp for Mt. Elbrus.
Rise with cable-way. Setting altitude camp (on 4200 m. height, approximately).
- 13.08 Rise to "Pastuchov's Rocks " (4800 m. approximately).
Return to an altitude camp.
- 14.08 Ascent to the top of Mt. Elbrus, 5642 m.
Return to an altitude camp.
- 15.08 Back up day (in case of bad weather)
- 16.08 Transfer to a climbing camp in Baksan Valley.
Preparation for departure. Farewell party.
- 17.08 Departure from Mineralny Vody airport.